

**EduX**  
BOOKS

**ENVIRONMENTAL STUDIES**  
A Textbook of **EVS**



# Environmental Studies-1

## 1. My Introduction

---

Pg. 5. Do it yourself.

Pg. 6. Do it yourself.

Pg. 7. Do it yourself.

Pg. 8. Do it yourself.

**Activity**

1. Do it yourself.

2. Do it yourself.



## 2. Our Body

---

Pg. 10. 1. Virat's face is **round**.

2. Virat's eyes are **small**.

3. Virat's nose is **broad**.

4. Virat's hair are **long**.

Pg. 11. 1. I have **two** eyes.

2. I have **one** nose.

3. I have **two** lips.

4. I have **two** hands.

5. I have **two** legs.

Do it yourself.



## 3. Our Sense Organs

---

Pg. 16-20. Do it yourself.

Pg. 21-22. 1. **Eye care**

(a) I read in proper **light**.

(b) I never sit close to the **TV**.

(c) I never rub my **eyes** with dirty hands.

**2. Nose care**

- (a) I use a handkerchief to clean my nose.
- (b) I never clean my nose with my fingers.
- (c) I never put any object in my nose.

**3. Ear care**

- (a) I never put any object in my ears.
- (b) I listen to music and not noise.
- (c) I keep away from very loud noise.

**4. Tongue care**

- (a) I do not eat hot food.
- (b) I clean my tongue everyday.

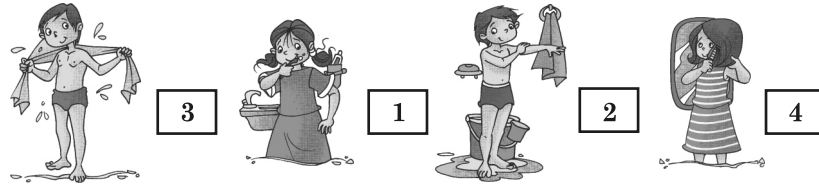
**5. Skin care**

- (a) I take bath everyday.
- (b) I use soap to clean my skin.
- (c) I use cream to keep my skin soft.



## 4. Keep The Body Clean

Pg. 23.



I wipe my body. I brush my teeth. I take bath. I comb my hair.



I wash my hands before I eat. I use a handkerchief. I go to the toilet every morning. I wear clean clothes.

**Pg. 24. Complete the Story by using the Help-Box.**

**Help-Box:** hands friends good lonely combed clean tidy teeth  
Shreya became a good girl. She washed her **hands**. She brushed her **teeth**. Her mouth smelled **good**. Her hair became **tidy**. She **combed** them everyday. Her clothes were **clean**. She had many **friends**. She was never **lonely** again.

Write Yes or No in the box.

Do you wash your hands properly?  Yes

Do you eat food with dirty hands?  No

**Pg. 25. 'Yes or No'**

Do you always wear a clean uniform?  Yes

Do you polish your shoes once in a month?  No

Do you wear clean socks every day?  Yes

Is your water bottle dirty?  No

Is your tiffin box clean?  Yes



## 5.

## My Family

**Pg. 26-27.** Do it yourself.

**Pg. 28.** Tell how many members are there in each family shown in the pictures. Put a tick (✓) in the box.

Serial No.	Father	Mother	Sister	Brother	Grandfather	Grandmother	Uncle	Aunt	Total
Family A	✓	✓	✓	✓					4
Family B	✓	✓	✓	✓	✓	✓			6
Family C	✓	✓	✓✓	✓	✓	✓	✓	✓	9



## 6.

## Our Home

**Pg. 30.** Do it yourself.

**Pg. 32. Activity**

1. Complete the given crossword :

2, 3. Do it yourself.

**Pg. 33. Complete the sentences.**

(a) A house protects us from heat,

**cold, rain, thieves and wild animals.**

(b) We enter the house from a **door**.

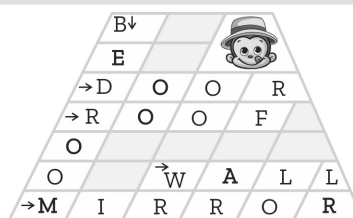
(c) We cook in the **kitchen**.

(d) We sit and relax in the **bedroom**.

(e) We bathe in the **bathroom**.

**My home address**

Do it yourself.



## 7.

## Our Food

---

**Pg. 35.** Do it yourself.

**Pg. 36.** Do it yourself.

**Pg. 37.** Do it yourself.

**Pg. 38.** Do it yourself.

**Pg. 39.** How many glasses of milk do you drink everyday? **2**

Name five things that are made from milk.





**Curd Cheese Butter Ice Cream Butter Milk**

Do you talk while eating food? **No**

What happens if you do not chew the food well?

**If we do not chew the food well, it will not be digested properly.**

Let us solve some riddles with the help of the given pictures :

1. I am purple. I have a green crown on my head. **Brinjal**
2. I am brown. Children love my chips.  **Potato**
3. I am round. I am sweet and sour.  **Orange**
4. I am small, round and very sour.  **Lemon**
5. I am red in colour and have lots of seeds.  **Tomato**



## 8.

## Our Clothes

---

**Pg. 42.** He treats injured and sick people.

He catches thieves and keeps us safe.

Yes, I have seen security guard.

He looks after the security of the school.

**Pg. 43.** Do it yourself.

**Pg. 44. Tick (✓) the correct word.**

- (a) I change my uniform **after school**.
- (b) I change my under garments every **day**.
- (c) My handkerchief is always clean.
- (d) I change my socks every **day**.
- (e) At night, I wear a **night suit**.

**Pg. 45. Do we wear clothes made of paper?**

No, because of the following reasons:

- (a) We cannot **wash** them.
- (b) They will **be torn**.
- (c) They will get **wet**.

Tell the seasons and fill in the blanks.



Winter



Rainy



Summer



## 9.

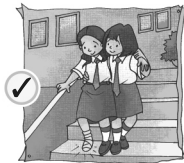
## The School

Pg. 46. Do it yourself.

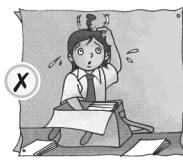
Pg. 47. Do it yourself.

Pg. 48. Do it yourself.

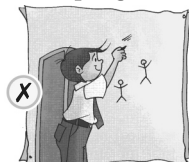
Pg. 49. Tick (✓) the activities you do in the class and cross (X) the ones you don't:



Helping others



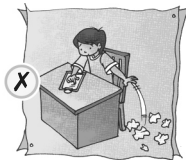
Forgetting homework copy



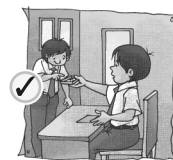
Drawing on walls



Throwing book



Dropping waste papers on the floor



Sharing your things



# 10.

# The Neighbourhood

Pg. 50. Do it yourself.

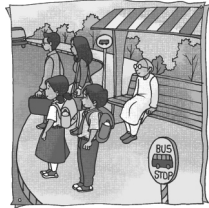
Pg. 50. A good neighbourhood has



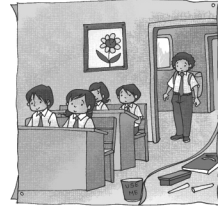
BANK



POLICE STATION



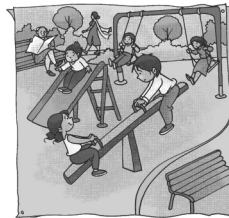
BUS STOP



SCHOOL



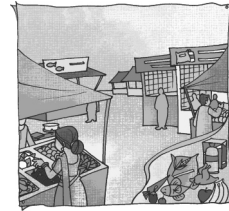
POST OFFICE



PLAYGROUND



HOSPITAL



MARKET

Do you have such places in your neighbourhood? **Yes**  
 Name any two important places of your **Mall and Park**  
 neighbourhood that you love to visit.

**Pg. 52.** There are different shops in the market. Look at the items and write the number of the shops where you may get them.

	Shop No. 3	
	Shop No. 1	
	Shop No. 4	
	Shop No. 5	
	Shop No. 2	

**Pg. 53.** Walk around your neighbourhood!  
 Do it yourself.



Go to a sweets shop (halwai) and find out the names of five sweets.

1. *Jalebi*
2. Milk Cake
3. *Rasgulla*
4. *Gulab Jamun*
5. *Chamcham*

Write down the phone numbers of the following :

Do it yourself.

Monika wants to buy some items. Which shop will she get them from?

1. Potatoes : Fruits and Vegetables Shop
2. Bandage : Chemist Shop
3. Bread : Grocery Shop
4. Shirt : Clothes Shop

Pg. 54. Who are the following people? Write their names :



Policeman



Milkman



Sweeper



Gardener



Carpenter



11.

The Festivals

Pg. 59. Do it yourself.

Pg. 60. Do it yourself.



## 12.

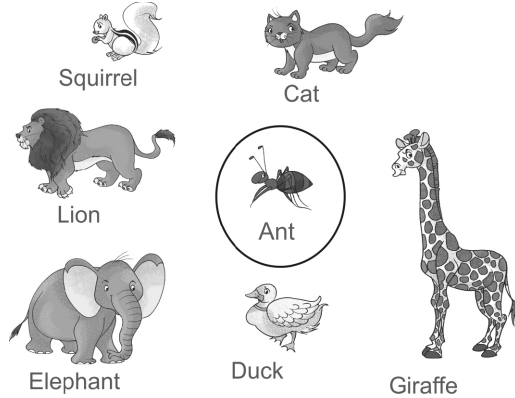
## Green Plants

Pg. 64. Do it yourself. □

## 13.

## Lovely Animals

Pg. 69. Some animals are big. Some animals are small.



1. Which is the biggest among the given animals? **Elephant**
2. Circle the smallest animal.

Pg. 73. Do it yourself.

Pg. 73. Find any ten animals, birds and insects.

A	X	Y	Z	B	A	C	T	F	Q	Z	N
D	U	C	K	C	F	O	T	R	S	E	M
G	V	V	T	K	I	W	I	O	R	B	C
I	P	A	T	S	O	Q	G	T	R	D	
R	A	C	H	E	N	D	C	A	O		
A	R	B	A	M	G	T	A	L	G		
F	R	E	L	E	P	H	A	N	T	R	T
F	O	A	M	A	T	O	H	C	O	R	
E	T	R	G	G	P	R					
I	J	O	L	K	S	L	N	M			
C	A	E	P	E	N	G	U	I	N		
P	T	O	R	T	O	I	S	E	Z		

## 14. The World Around Us

Pg. 76. Do it yourself.

Pg. 77. Activity

1. Tick (✓) the correct word

- (a) Our Earth is ..... (square, round (✓), oval)
- (b) Do it yourself.
- (c) A mountain is a very ..... land with peaks.  
(low, oval, high (✓))
- (d) A plain is a ..... land. (steep, flat (✓), uneven)
- (e) A valley is a ..... land between two mountains.  
(high, flat, low (✓))

2. Complete the Story : कहानी को पूरा कीजिए :

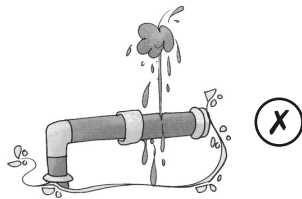
**Help-Box :** harm air water sick land clean plants

Earth is made up of land and **water**. We live on **land**. Earth is also home to a large number of animals and **plants**. We should not **harm** them. We need fresh **air** to breathe. We need **clean** water to drink. Dirty air and water make us **sick**.



## 15. Water

Pg. 81. Look at the given pictures. Cross (X) the pictures showing wastage of water.



Broken pipes



People washing courtyard



Child in a bathtub



Brushing teeth



Washing cars



Leaking taps

In Summer Season.



## 16. Time, Days and Date

Pg. 82. Do it yourself.

Pg. 83. Do it yourself.

Pg. 85. Do it yourself.



## 19. Things We do!

Pg. 93-94. Tick (✓) the things you do on your own :



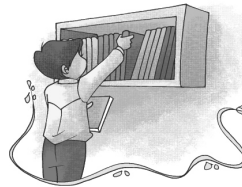
I can wear my clothes.



I can polish my shoes.



I can do my homework.



I can keep my notebooks neat and tidy.



I can have a bath.



I can eat my food.



I can clean the house.



I can sharpen my pencil.



I can serve water.



I can peel vegetables.



I can colour neatly.  
Pg. 94. Do it yourself.



I can set a table.



20.

We Learnt...

Pg. 95-96. Do it yourself.

