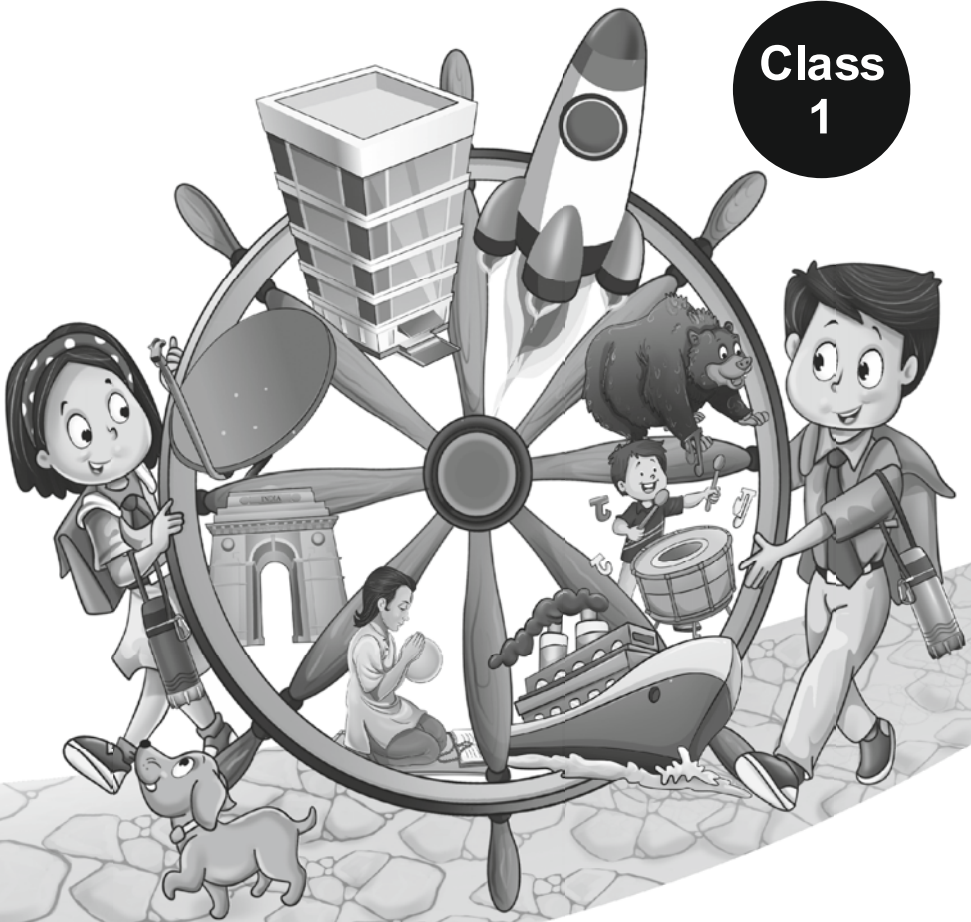


 **VIDYA**
UNIVERSITY PRESS

CULTURE & SOCIETY

Teacher's
Resource Book

Class
1



CULTURE & SOCIETY-1

1. This is Me

Do it yourself.

2. Parts of The Body

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (a), 3. (a).

B. Fill in the blanks :

1. hands, 2. tongue, 3. fingers, 4. face.

C. Answer in 'Yes' or 'No'.

1. Yes, 2. Yes, 3. No.

Do and Learn

D. Tick (✓) the correct name of the given pictures :



hand



feet



eyes

E. Write what is happening in the given pictures :



playing



smelling



typing



listening

Life Skills Thinking

F. Given below are some pictures. Circle whatever is wrong in them :



3. Food We Eat?

Classroom Activity

Do it yourself.

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (c), 2. (c), 3. (c).

B. Fill in the blanks :

1. health, 2. dinner, 3. energy, 4. lunch, 5. Food.

C. Answer the following questions :

1. bread, butter and milk, 2. it helps us to sleep well, 3. energy,
4. is good for health.

Do and Learn

D. Find out the dishes made of rice or wheat. Write R for rice and W for wheat in the given boxes :

1. *Cake*-W, 2. *Poori*-W, 3. *Chapati*-W, 4. *Idli*-R, 5. *Dosa*-R.

Life Skills Thinking

E. Do it yourself

4. Clothes We Wear

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (c), 3. (a), 4. (b).

B. Fill in the blanks :

1. clothes, 2. rain, 3. uniforms, 4. insect bites.

C. Match the following :

1. (d), 2. (c), 3. (b), 4. (a).

D. Answer the following questions :

1. cover our body, 2. cotton plant, 3. rubber and plastic,
4. special clothes worn by people who do special jobs.

Do and Learn

E. Make a list of the clothes worn in :

| | | | |
|---------------|-----------|----------|-------------|
| Rains | Raincoat, | Gumboot, | Rubber boot |
| Summer | Shirt, | T-shirt, | Trousers |
| Winter | Jacket, | Sweater, | Coat |

F. Do it yourself.

5. Houses We Live In

Classroom Activity

Name the room where :

1. Guest room, 2. Kitchen 3. Dining room 4. Study room

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (a), 3. (c), 4. (b).

B. Fill in the blanks

1. safe, comfortable, 2. caves, trees, 3. home, 4. kitchen, 5. clean.

C. Answer in 'Yes' or 'No' :

1. Yes, 2. Yes, 3. No.

D. Answer the following questions :

1. heat, cold, rain, thieves and wild animals.
2. bathroom, kitchen, dining-room, study room, bedroom, store room and drawing room.
3. as it makes the house airy and sunny.

Do and Learn

E. Name any three things you find in each room :

- | | | | |
|-----------------|---------|-------------|------------|
| 1. Bathroom | Soap, | Bucket, | Wash basin |
| 2. Drawing room | Sofa, | Television, | Table |
| 3. Dining room | Chairs, | Table, | Plates |
| 4. Kitchen | Stove, | Crockery, | Gas |
| 5. Bedroom | Bed, | Pillow, | Bedsheet |

F. Do it yourself.

Life Skills Thinking & Social

G. Do it yourself.

6. Types of Houses

Classroom Activity

Fill in the missing letters to find the names of given houses :

1. tent 2. bungalow 3. caravan 4. hut.

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (c), 2. (a), 3. (a), 4. (a).

B. Fill in the blanks :

1. pucca, 2. kuchcha, 3. flat, 3. sloping, 5. animal, engine

C. Answer in 'Yes' or 'No' :

1. No, 2. No, 3. Yes, 4. Yes.

D. Match the following :

1. (b), 2. (c), 3. (d), 4. (a).

E. Answer the following questions :

1. bricks and cement, 2. mud, straw and bamboo, 3. in plains,
4. in hills and mountains.

Do and Learn

F. Joint the dots to find the house that moves. Also, colour it.

Do it yourself.

7. Animal Shelters

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (b), 3. (b), 4. (a).

B. Tick (✓) the correct sentences and cross (X) the wrong ones :

1. (✓), 2. (✓), 3. (✓), 4. (X).

Do and Learn

C. Do it yourself.

D. Do it yourself.

Life Skills Thinking

E. Many of us keep pets at home. Tick (✓) the things that will make pet happy :

1. (X), 2. (✓), 3. (✓), 4. (✓), 5. (✓), 6. (✓).

8. My Family

Classroom Activity

Do it yourself.

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (c), 2. (a), 3. (b).

B. Do it yourself.

C. Answer in 'Yes' or 'No' :

1, 2 and 3 Do it yourself; 4. No.

D. Do it yourself.

Do and Learn

E. Choose words from the Help-box and answer the given questions :

1. grandfather, 2. grandmother, 3. aunt, 4. uncle, 5. cousin

F. Find and circle the names of five relatives in this word search :

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| G | R | F | A | R | C | G | M | M |
| N | A | A | T | E | O | R | U | M |
| A | D | T | E | T | U | A | N | O |
| U | F | H | E | S | S | N | T | T |
| N | B | E | R | I | I | D | B | H |
| T | O | R | S | U | N | C | L | E |
| H | T | C | R | F | A | T | H | R |

9. Caring and Sharing

Classroom Activity

Do it yourself.

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1.(b), 2. (a), 3. (c).

B. Tick (✓) the correct sentences and cross (X) the wrong ones :

1. (✓), 2. (X), 3. (✓)

C. Fill in the blanks :

1. milk, 2. help, 3. cooks, 4. look.

Do and Learn

D. Observe what each one is doing and complete the given words :

CLEANING, SERVING COOKING

E. Do it yourself.

Life Skills Thinking

F. What work you do to help your parents?

Tick (✓) the work.

Do it yourself.

10. Fun With the Family

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (c), 2. (b), 3. (c).

B. Fill in the blanks :

1. television, 2. shopping, 3. pictures, 4. holiday, 5. story.

C. Match the following :

1. (c), 2. (a), 3. (d), 4. (b).

D. Answer the following questions :

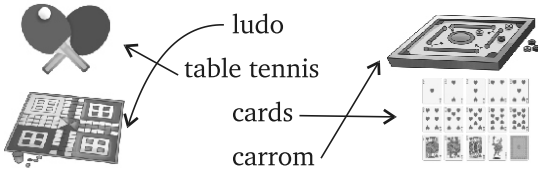
1. friends and relatives, 2. for sightseeing tours, 3. swings and rides.

Do and Learn

E. Name any :

- (a) Ludo, (b) Carrom;
- (a) Hockey, (b) Cricket;
- (a) Chhatak, (b) Nandan
- (a) Chhota Bheem, (b) The Roadrunner show

F. Match the name of games with their pictures :



G. Do it yourself.

Life Skills Thinking

H. Do it yourself.

11. Fun At School

Classroom Activity

Do it yourself.

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (c), 3. (b).

B. Match the following :

1. (d), 2. (a), 3. (b), 4. (c).

C. Answer in 'Yes' or 'No' :

1. Yes, 2. No, 3. Yes, 4. No.

D. Answer the following questions :

1. many.
2. the compound.
3. Do it yourself.
4. The librarian.

Do and Learn

E. Write the names of the workers shown :



Sweeper



Teacher



Nurse

F. Do it yourself.

Life Skills Thinking

G. Do it yourself.

12. My Classroom

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b).
2. (c).
3. (b).

B. Fill in the blanks :

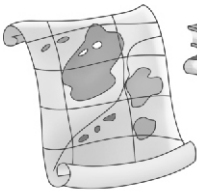
1. classroom,
2. dustbin,
3. desks.

C. Answer the following questions :

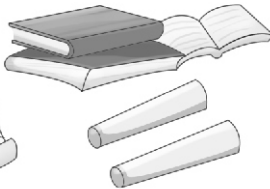
1. classroom,
2. a chalk,
3. notice-board,
4. throwing waste papers.

Do and Learn

D. Name the things found in the classroom :



Map



Books and chalk



Dustbin



Cupboard

- E. Do it yourself
- F. Do it yourself

Life Skills Thinking

G. Tick (✓) the sentences that tell us what to do. Cross (X) the sentences that tell us not to do in the classroom.

1. (X) , 2. (X) , 3. (✓), 4. (X), 5. (✓), 6. (✓).

13. Being Good

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (c), 2. (b), 3. (c).

B. Match the following :

1. (c), 2. (d), 3. (a), 4. (b).

C. Tick (✓) the good manners and cross (X) the bad ones :

1. (✓), 2. (✓), 3. (X), 4. (X).

D. Answer in one word :

1. Sorry, 2. Please.

E. Answer in one sentence :

1. We should stand up and greet the teacher when she comes to the class.
2. We must go for the assembly in a queue.

Do and Learn

F. What magic words would you use in each of the following situation?

1. Thank you, 2. Sorry, 3. Thank you, 4. Sorry, 5. Sorry.

14. Festivals are Fun

Classroom Activity

Write the names of the festivals given below :

1. Ganesh Chaturthi
2. Gurburab
3. Christmas

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

- 1.(b), 2. (a), 3. (c).

B. Fill in the blanks :

1. Guru Nanak, 2. share, 3. Durga, 4. Lakshmi.

C. Tick (✓) the correct sentences and cross (X) the wrong ones :

1. (X), 2. (✓), 3. (✓).

D. Answer in one word :

1. Do it yourself, 2. Christians, 3. Diwali.

Do and Learn

E. Name two things you would like to get on your birthday :

Cake Dress

F. Do it yourself.

G. Fill in the blanks with the help of the pictures :



1. Hindus worship
God in a **temple**.

2. Christians pray
in a **church**.

3. Muslims pray in
a **mosque**.

15. Stay Healthy

Classroom Activity

Write the correct name under each picture :



Dustbin,



Shower



Towel

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

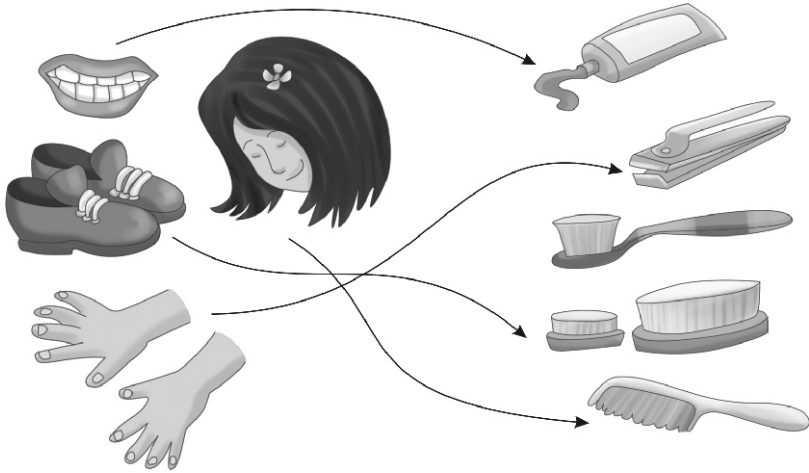
1. (a) 2. (b), 3. (a), 4. (b).

B. Answer these questions about your habits :

1. (a), 2. (c), 3. (a), 4. (a).

Do and Learn

C. Match the following :



D. Write names of any two soaps and toothpastes you buy from the market :

1. Colgate, Dantkanti, 2. Lux, Dove.

16. My Safety

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (c), 3. (c).

B. Fill in the blanks :

1. road, 2. accidents, 3. quietly, 4. to turn green, 5. queue.

C. Write only three safety rules that we must follow :

1. We must always walk on the footpath.
2. We must not play near water or on the road.
3. We must not try to get into or out of a moving vehicle.

Do and Learn

D. Find out what the following road signs mean :

1. No Entry
2. No Parking
3. Zebra Crossing
4. School ahead.

E. Do it yourself.

F. Life Skills Thinking
Do it yourself.

17. Day and Night Sky

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (c), 2. (a), 3. (c).

B. Answer in 'Yes' or 'No' :

1. Yes, 2. Yes, 3. No, 4. No, 5. No.

C. Answer the following :

1. sunset, sunrise; 2. sunrise, sunset;
3. The sun.

D. We should not look directly towards the sun because it will harm our eyes.

Do and Learn

E. Do it yourself.

18. Early Man : The Story of Food

Read and Answer

A. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (a), 3. (c).

B. Fill in the blanks :

1. bulls, 2. tame, 3. raw.

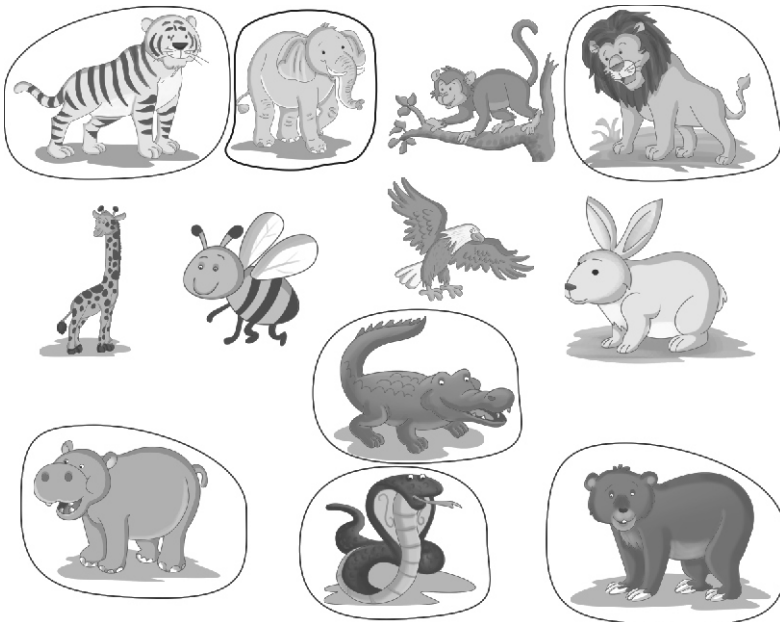
C. Tick (✓) the correct sentences and cross (X) the wrong ones :

1. (✓), 2. (✓), 3. (X).

Do and Learn

D. Do it yourself.

E. Circle the animals early humans were afraid of :



F. Do it yourself.

G. Do it yourself.

Half-Yearly Test Paper (Based on chapters 1 to 9)

I. Tick (✓) the correct answer (MCQs) :

1. (a), 2. (c), 3. (c).

II. Fill in the blanks :

1. hands, 2. energy, 3. uniform.

III. Match the following :

1. (d), 2. (c), 3. (b), 4. (a).

IV. Answer in 'Yes' or 'No' :

1. Yes, 2. No, 3. Yes.

V. Answer the following questions :

1. Food provides us energy.
2. We need clothes to protect our body from sun, cold, rain, dust and insect bites.
3. We get cotton from cotton plant.

4. Our house protect us from heat, cold, rain, thieves and wild animals.
5. Houses with sloping roofs are found in hills and mountains.

Annual Test Paper (Based on chapters 10 to 18)

I. Tick (✓) the correct answer (MCQs) :

1. (b), 2. (b), 3. (c).

II. Fill in the blanks :

1. Guru Nanak, 2. tame, 3. exercise.

III. Tick (✓) the correct sentences and cross (X) the wrong ones.

1. (X), 2. (✓), 3. (✓).

IV. Match the following :

1. (c), 2. (a), 3. (d), 4. (b).

V. Answer the following questions :

1. We put up maps and charts on the notice-board.
2. Diwali is called the festival of lights.
3. We enjoy swings and rides in fairs.
4. Our school has many rooms.
5. The earth moves round the sun.