

The Guardian

A Book of Life Skills & Value Education



1. The Greatest Virtue

Now, Let's Do It ...

- A.** 1. (c) 2. (c) 3. (a) 4. (b) 5. (b)
B. 1. hard-working 2. blessed 3. protective
4. forgot 5. simple
C. 1. F 2. T 3. F 4. T 5. F
D. 1. Simplicity is the greatest virtue of all because it makes practising every other virtue that much easier. It reduces complexity, confusion and clutter in both our physical spaces and our emotional lives.
2. Nandan's mother told him that, "Son, its your duty to help your sister when you grow up. Your father has to work hard to make ends meet. Besides he is getting sick working in unhealthy conditions in the stone quarry".
3. With the passage of time, both children grew up to become respectful individuals in the society. Nandan never forgot the values he learned in his life. He was ever thoughtful and prompt to help everyone. He was very simple all through his life as he had realised simplicity was the beauty of all values. He had seen the tireless hard work of his parents and the adversities they faced in bringing up his sister and himself.
4. When he grew up, he became a successful engineer. He learned that nothing was more beautiful than the value of simplicity.
5. Leo Tolstoy said, "There is no greatness where there is no simplicity, goodness and truth because simplicity is the ultimate sophistication."
E. Do it yourself. **F.** Do it yourself. **G.** 2, 4, 5, 6, 7, 8
H. 1. (iii), 2. (v), 3. (iv), 4. (i), 5. (ii)
I. Do it yourself **J.** Do it yourself **K.** Do it yourself
L. Do it yourself **M.** Do it yourself



2. Inner Peace

Now, Let's Do It ...

- A.** 1. (a) 2. (b) 3. (c) 4. (b) 5. (a)
B. 1. happiness 2. fortunate 3. vicinity 4. Contentment
5. Murky
C. 1. F 2. T 3. F 4. T 5. T

- D.** 1. True happiness comes from having a sense of inner peace and contentment, which in turn must be achieved by cultivating altruism, love, compassion and by eliminating anger, selfishness and greed.
 2. Contentment is embodiment of all values. It is the greatest satisfaction you can ever have.
 3. Sarala's parents were scavengers who cleaned the drainages in Mumbai city.
 4. Sarala's teacher was very kind and caring.
 5. Sarala lead her life in poverty and misery. Her parents were scavengers. It was very difficult for her to go to school. There was nothing to eat, often she would go hungry.
- E.** Do it yourself. **F.** Do it yourself. **G.** 2, 4
H. 1. (v), 2. (iii), 3. (iv), 4. (ii), 5. (i)
I. Do it yourself **J.** Do it yourself **K.** Do it yourself
L. Do it yourself



3. Always Respect Others

Now, Let's Do It ...

- A.** 1. (c) 2. (c) 3. (c) 4. (c) 5. (b)
B. 1. Disrespectful 2. respect 3. others
 4. narrow-minded 5. sophistication
C. 1. (F) 2. (T) 3. (F) 4. (T) 5. (T)
D. 1. Respect is a virtue and a habit which is central to human happiness.
 2. Respecting elders is slowly decreasing in these modern days. People are becoming more and more self-centered and uncaring to those around them.
 3. Most of the teenagers do not care for others or compromise with their attitude. The present generation is becoming unfriendly and indifferent towards the elders.
 4. Raju's family was a lower middle-class family. It was a hardworking and a simple family. His parents are woodcutters by profession.
 5. Raju's friends were jealous of him because their teachers regarded him high for his good manners.
- E.** Do it yourself. **F.** Do it yourself. **G.** 1, 2
H. Do it yourself **I.** Do it yourself **J.** Do it yourself
K. Do it yourself



4. Be Happy Always

Now, Let's Do It ...

- A.** 1. (b) 2. (c) 3. (b) 4. (c) 5. (a)
B. 1. daylight 2. Cheerfulness, steady, unity
3. extremely 4. raise 5. bottlenecked
C. 1. T 2. F 3. T 4. F 5. T
D. 1. In the modern world, we are busy in changing the world, instead of changing ourselves. I feel we have forgotten that cheerfulness is the evidence of all virtues.
2. Smile is the exuberance of our inner emotions exhibited in an unconditional manner.
3. Sparrows or mynas which come at our doorsteps have a natural cheerfulness. They are able to induce cheer within us.
4. Squirrel told the dragonfly, "I think the humans do not know the power of cheerfulness. They are busy in changing the world, instead of changing themselves. I feel they have forgotten that cheerfulness is the evidence of all virtues."
5. Nature around us is cheerful and energetic. It changes the seasons without waiting for others to remind them.
E. Do it yourself. **F.** Do it yourself. **G.** 1, 4, 5
H. 1. (iv) 2. (v) 3. (i) 4. (iii) 5. (ii)
I. Do it yourself. **J.** Do it yourself. **K.** Do it yourself.
L. Do it yourself.



5. Have A Clear Vision

- A.** 1. (a) 2. (b) 3. (a) 4. (c) 5. (a)
B. 1. noisy 2. a make-believe 3. introspective
4. light, foreign 5. flame, foreign
C. 1. F 2. T 3. T 4. T 5. T
D. 1. Examining our own conduct and accepting responsibility for the consequences allows us to move on from mistakes and chart new courses in our relationship. It helps us to navigate.
2. Our vision becomes clear only when we look into our own heart.
3. The soul-searching question is : "Who in the world am I?"
4. The man went to a strange land in search of the light in a foreign place.

5. While coming back to home he shared some of his light to a man who was freezing in darkness.

E. Do it yourself. **F.** Do it yourself.

G. 1, 2

H. 1. (b), 2. (c), 3. (d), 4. (a)

I. Do it yourself. **J.** Do it yourself. **K.** Do it yourself.

L. Do it yourself. **M.** Do it yourself.



6. Mother India

A. 1. (c) 2. (a) 3. (c) 4. (b) 5. (c)

B. 1. support, respect 2. frenzied 3. public 4. proud
5. soldiers

C. 1. T 2. F 3. F 4. T 5. F

D. 1. Patriotism is not about blindly following the beliefs and cultural values of the country. It is to take pride in one's origin and work for the prosperity of the country.

2. We, as Indians, are proud to be called the children of our mother India. We take pride in telling others that we are Indians.

3. Our soldiers on the borders have dedicated their life and talents for the country.

4. We like the soldiers to guard our country but when we are asked to give anything for the sake of our country we are reluctant to do so.

5. We need to be aware of the fact that we are Indians and we need to give our all for the development of our country.

E. Do it yourself **F.** Do it yourself **G.** 1, 3

H. 1. (ii), 2. (iii), 3. (iv), 4. (i)

I. Do it yourself. **J.** Do it yourself **K.** Do it yourself



7. All are the Some

Now, Let's Do It ...

A. 1. (c) 2. (c) 3. (b) 4. (a) 5. (b)

B. 1. self-respect 2. external 3. stable
4. pomp and show 5. meek, humble

C. 1. T 2. T 3. T 4. F 5. T

D. 1. Humility is based on self-respect. With self-respect, there is knowledge of one's own strengths.

2. Humility allows the person to grow with dignity and integrity not needing the proof of an external show.
3. Humility as a value, at its highest, allows selflessness and dignity for a better world.
4. We use the social media wrongly to exhibit our super ego.
5. When he hung the signboard, his garden became deserted. There was no happy noise of children, no flower, no fruits. He feel ashamed of his arrogant behaviour and finally he became a changed man .

- E.** Do it yourself **F.** Do it yourself **G.** 1, 5
H. 1. (ii), 2. (iii), 3. (iv), 4. (i)
I. Do it yourself **J.** Do it yourself **K.** Do it yourself
L. Do it yourself



8. Become Sweet

Now, Let's Do It ...

- A.** 1. (b) 2. (c) 3. (b) 4. (b) 5. (c)
B. 1. Love 2. cuddle 3. tenderness 4. joy 5. sweet
C. 1. T 2. F 3. T 4. F 5. T
D. 1. Love is the sweetness of life.
2. A true friend is more to be esteemed than kinsfolk.
3. When we meet someone or talk to them. We tend to say “that was so sweet”. It’s because of the impression that we got during the meeting or the conversation with them. That’s the melody of life.
4. On Saturday, Virat packed two packs of potato chips, soft drinks, water bottle and stepped out of the house.
5. In the park, virat encountered with an old woman.
E. Do it yourself **F.** Do it yourself **G.** 1, 4, 5
H. 1. (ii), 2. (iii), 3. (iv), 4. (i)
I. Do it yourself **J.** Do it yourself **K.** Do it yourself
L. Do it yourself.



Model Test Paper-I

- A.** 1. (c) 2. (b) 3. (c) 4. (c) 5. (c)
6. (c)
B. 1. Hard-working 2. Murky 3. respect
4. others 5. raise

- C. 1. (F) 2. (F) 3. (T) 4. (T) 5. (T)
- D. 1. With the passage of time, both children grew up to become respectful individuals in the society. Nandan never forgot the values he learned in his life. He was ever thoughtful and prompt to help everyone. He was very simple all through his life as he had realised simplicity was the beauty of all values. He had seen the tireless hard work of his parents and the adversities they faced in bringing up his sister and himself.
2. Contentment is embodiment of all values. It is the greatest satisfaction you can ever have.
3. Respect is a virtue and a habit which is central to human happiness.
4. Raju's friends were jealous of him because their teachers regarded him high for his good manners.
5. Squirrel told the dragonfly, "I think the humans do not know the power of cheerfulness. They are busy in changing the world, instead of changing themselves. I feel they have forgotten that cheerfulness is the evidence of all virtues."



Model Test Paper-II

-
- A. 1. (a) 2. (c) 3. (c) 4. (a) 5. (b)
- B. 1. a make-believe 2. frenzied 3. external 4. stable
5. cuddle
- C. 1. F 2. T 3. F 4. T 5. F
- D. 1. While coming back to home he shared some of his light to a man who was freezing in darkness.
2. Our soldiers on the borders have dedicated their life and talents for the country.
3. Humility as a value, at its highest, allows selflessness and dignity for a better world.
4. When he hung the signboard, his garden became deserted. There was no happy noise of children, no flower, no fruits. He feel ashamed of his arrogant behaviour and finally he became a changed man.
5. In the park, virat encountered with an old woman.

